

Difficulty rating



Length of time it will take: 30 minutes – 1 hour

Summer flower crown

Get festival ready and brighten up any summer celebration with this beautiful DIY flower crown!

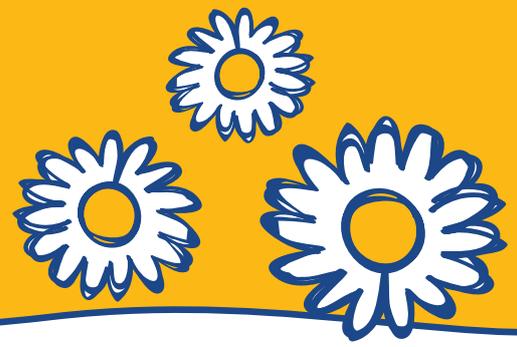


Crafty shopping list

- 12 sheets of tissue paper (50cm x 76cm or 50cm x 65cm)
- Scissors
- Thread
- Glue dots, sticky foam pads, or a strong glue
- Thin headband (the smaller the width the better)
- See our suggested suppliers list online at [mind.org.uk/crafternoon](https://www.mind.org.uk/crafternoon)



How to make your flower crown



Lay five sheets of tissue paper one on top of another. Cut out a rectangle shape measuring 26cm x 11cm, to get five stacked sheets all of this size.

Top tip
Often tissue paper packs already come folded to this shape and size, so you may be able to just cut along the fold lines to get your rectangle instead of measuring.



Place the tissue paper stack in front of you portrait style, and fold the bottom edge in over one inch. Flip it over and do the same on the other side, accordion-style, and repeat until you've made all possible folds.



Use scissors to carefully round all four corners of your folded tissue paper stack.



Fold the stack in half (width-ways), and tie a piece of thread tightly around the middle fold with a double knot.



Gently open up the flower accordion and begin pulling the top layer straight up towards the centre all the way around the flower.



Repeat by separating the other four layers, pulling them up underneath the top layer. Attach it to your headband using a sticky foam pad or glue dot.



7
Repeat the process for the other three flowers and your headband is ready to show off!
Take a photo and share it with the hashtag #crafternoon on Facebook or Instagram.

Top tip
Try not to rip the delicate paper, but if you do, don't worry! It won't spoil the effect.

Crafty variations

- Use pipe cleaners to add stems to your pretty paper flowers – give them as a bouquet or arrange them in a vase as a party decoration!
- Experiment with attaching your flowers to ribbon or string, then hang them up as a garland to decorate.

Thank you for taking part in Crafternoon. By fundraising at your Crafternoon you're making sure no one has to face a mental health problem alone.

If you have any feedback about your Crafternoon, we'd love to hear from you.
Email: crafternoon@mind.org.uk
Telephone: 0300 999 3887