



What's going on this week?

Many countries across the world have been asked or have chosen to remain at home during the COVID-19 outbreak. Thousands of Italians, in several cities, clapped from their windows and balconies as healthcare workers went to work, raising spirits with a flashmob, during the lockdown period (where most people remain at home). Families and neighbours also sang and crashed pots and pans together for the performers in cities across the country.

Main question:

Can you think of ways to remain positive during difficult times?

Listen, think, share

- Look at this week's poster and talk about the scene. Does anyone know where it's taking place? Explain that it's in Italy. People there have been remaining at home to help prevent the spread of coronavirus. Healthcare workers raised spirits by performing a flashmob on their way to work whilst people clapped, crashed pots and pans together and sang from their balconies.
- Watch this week's useful video (found overleaf) and talk about the actions of the people in Italy. How do you think them all coming together in this way will have improved their situation?
- Can you think of any times when the actions of others have made you feel positive or cheered you up? Talk about how even very small things can make us feel better. Talk about the things that make us happy. These could be things like, watching our favourite TV show, spending time with our pets.
- Read through the information found on the assembly resource, which provides some examples of how people are remaining positive around the world during a time when they are spending most of their time at home.
- Talk about your own community and how you support each other. Do you think any of these ideas would work in your community?
- Can you think of ways you can help bring joy to others? E.g. writing letters to elderly relatives, placing rainbows in windows.

Reflection

Sometimes, things will happen that affect us that we have no control over. It is important to focus on the positives and help to support each other as much as we can.



KS1 Focus

Question:

What are some of the things we can do if we are feeling bored?

Listen, think, share

- Have you ever heard of the word 'bored' before? What do you think it means? Explain that being bored is when you feel tired and impatient because you have lost interest in something or you have nothing to do.
- Think of times when you have felt bored. When was it? Why were you bored? Did you do anything about it?
- Look at resource 1, which shows how some children have stopped themselves from feeling bored. How will you stop yourself from feeling bored if you have to stay at home?
- Think about some of the things you enjoy doing or some of the hobbies and clubs you are or were part of. How could you adapt them so that you can still do them at home?
- One of the children mentioned learning something new stops her from being bored. Can you think of anything you might like to learn to do e.g. gardening, cooking, knitting, speak a foreign language? Make a list of your ideas so you can come back to them if you are feeling bored!
- Do you think that sometimes it is important to feel bored? Can it help you to appreciate things or make you be inventive in finding ways to stop this feeling? Do you control if you become bored?

Reflection

There will be times when we feel like we don't have much to do and we've run out of ideas. These are the times we can use our creativity and imagination to make sure we don't become bored.



KS2 Focus

Question:

How do communities work together to help those who need support?

Listen, think, share

- What is a community? What does it mean to you?
- Look at the definition of a community found on resource 2. Does this fit with your ideas? Are you part of a community? Can you be part of more than one community? Record a list of the communities you are part of.
- Read through the rest of the information found on resource 2, which shows examples of communities coming together to support each other.
- Focus on the ways people helped during the recent floods. Were you affected by them or did you know anyone who was? Did you help? Can you think of any other ways people helped one another in this time?
- Look at what the city of Kabul did in Afghanistan to bring their community together. Do you think bright colours can help bring positivity and happiness? Can you think of anything being done in your local community that is helping to spread positivity?
- Often people in their community will support and help others when it is needed. Can you think of ways people have helped each other during our current situation e.g. been shopping for someone in isolation, phoned someone to check they are okay, teachers sending work home?

Reflection

During times of difficulty, it is important we try to support and help people within our communities. We might find we need somebody to help us too!



KS2 Follow-up Ideas

Option 1: Plan a letter to somebody you care about. This could be either a friend or member of your family that you cannot see at the moment. Think about the following:

- Who will you write to?
- Explain why you are writing.
- Share some of the things you have been doing.
- Think about what you miss about the person you are writing to and remind them of a special time you spent together.
- Tell them to keep in touch and take care!

Write your letter. Can you record it formally? Remember to include addresses and the date. If possible, send your letter through the post. Maybe you will get one back!

Option 2: As well as positive and negative feelings, we also have positive and negative numbers! Explore the following:

- Can you think of anywhere we might find negative numbers in real-life? E.g. reading temperatures, numbers in a lift.
- Can you count back from 10 to -10?
- Can you count up from -15 to 5?
- Count back in 5s from 30 to -40.
- What is $-4 + 2$?
- What is $-2 - 3$?
- What is $5 - 8$?

Explore further by setting your own number sentences.

Challenge – what is $5 - -2$?



KS1 Follow-up Ideas

Option 1: Think about an activity or hobby that you enjoy doing and that makes you feel positive and happy e.g. reading, football, dance, gymnastics, art.

- What is the activity?
- What equipment/resources do you need to do it?
- How do you do it?
- Who do you do it with?
- Where do you do it?
- Why do you enjoy it?
- Are there any rules or instructions you need to know?

Draw a picture of your activity and use the questions above to add words or sentences to your work.

- Can you tell someone else all about your hobby? Maybe they will give it a try!

Option 2: Explain that you are going to create a picture to make you feel happy and positive. Think about:

- Which colours make you feel happy and positive?
- Will the colours be light or dark?
- What will you use to create your picture e.g. paint, crayons, different materials?
- Will your picture be of something specific or will it use shapes, lines or patterns?

Gather the resources you need and create your picture. Once it is complete, take a step back and look at it.

- Can you name your piece of art?



This Week's Useful Websites

This week's news story

<http://bit.ly/2QoOTSm>



This Week's Useful Videos

Singing from the Rooftops in Italy!

www.bbc.co.uk/newsround/51904789



****NEW**** This week's Virtual Assembly

www.vimeo.com/channels/picturenews

This Week's Useful Vocabulary

Balconies – barriered areas you can stand on outside a door or window of a building.

Community – all the people who live in an area or who are similar in some way.

Flashmob – a group of people who arrange to meet in a public place to do something together e.g. a dance.

Outbreak – something bad that suddenly starts to happen like violence or a disease.

Positive – being hopeful and confident that good will occur from something.

Prevent – to stop something from happening.